UPCOMING EVENTS

Monday 4 April
PATHE Workshops

Tuesday 5 April
Fit 2 Move Dance W/shop
Year 6 Diagnostic Testing
3.45-5.35pm

5 April—6 April
CHS Swimming

Wednesday 6 April
Support Unit excursion

Friday 8 April
Last day Term 1

Wednesday 27 April
All students return

27 April—29 April
Junior Dance Off Camp

Thursday 28 April
ANZAC Assembly

Tuesday 3 May
Yrs 8, 9 & 10 Parent/Teacher
evening 3.30-6.30pm

3 May—6 May
Year 10 Subject Selection
booklets distributed

Wednesday 4 May
Subject Selection Evening @
Wyndham

Thursday 5 May
Primary Prosperitas Mentor-
ing Session 8.30am

Friday 6 May
Zone Cross Country
Water is Life Project
Contact issued

PRINCIPAL’S REPORT

ATHLETICS CARNIVAL

Congratulations to Ms Portelli, Mr Daghel and the PE staff for the organisation of our Athletics Carnival. The day was a huge success with a number of school records being broken. What was particularly pleasing was the high level of participation by our students, with many staff saying they had never seen so many students participate in both track and field events. As a consequence, there were at least 3 heats in some of the track events on the day.

Congratulations to all students who have secured the opportunity to represent our school at the zone carnival next term. All students who attended will receive a merit award and all students should be acknowledged for their excellent behaviour at the carnival.

YEAR 6 TASTER DAY

While many of our students were enjoying the athletics carnival, a small band of staff and students led by Ms Lachevre were hosting Year 6 students from a number of local primary schools. The day was a wonderful experience for all Year 6 students in attendance and once again Ms Lachevre has provided these primary students with a realistic and invaluable taste of what high school is like.

STAFFING UPDATE

Next term we welcome Ms Suzanne Walker to our school as our new HT CAPA. Ms Walker hails from Westfields Sports HS and was the successful candidate in our recent merit selection panel. Ms Walker has extensive experience with sup-
porting students in the middle years, not only in Visual Arts but also through her management of a learning centre and assisting children who require additional help with literacy and numeracy skills. A big thank you to Mrs Josselyn who has been looking after the CA-PA faculty during Term 1 and to Mrs Asgar who has been taking care of Year 10 in Mrs Josselyn’s absence.

YEAR 8/9/10 PARENT TEACHER EVENING

On Tuesday 3 May the school will be hosting Parent Teacher interviews for Years 8, 9 and 10. Parents are encouraged to access the school’s website or facebook page if they require more information about this important event. Parents can go online and book meetings with their child’s respective teachers.


Thank you to all parents who attended our Year 7 Parent Teacher evening and I trust your discussions with your child’s teachers have given you a better understanding of how they are progressing at school. A big thank you to Mr Paul Sultana who organises our Parent Teacher Evenings and Ms Mel Lachevre who coordinates all our student helpers for the nights.

HAVE A SAFE AND RELAXING BREAK

I hope all our students and their families have a relaxing and enjoyable break and I look forward to welcoming back all our students on Wednesday 27th April.

Lauretta Claus
Principal

DEPUTY PRINCIPAL’S REPORT

SAFE & RESPECTFUL BEHAVIOUR

At all times we ask our students to follow the SMART code. It is essential that students who come to school early in the morning move quickly into the main quad where they are visible. Areas around the back of the hall and the carpark are out of bounds to ensure the safety of our students. At this point I would like to remind students to be RESPECTFUL to:

- Themselves and their belongings
- Others and their belongings
- Property

The school resources are to be valued by all. When damages occur it is the school funds that are used to fix or replace the damage. It seems a shame to waste valuable money that could be directed into Teaching and Learning.

UNIFORM

Hope you all had a lovely Easter and enjoyed the time with family and friends. With Easter gone, and daylight saving ending on the weekend, it is time to check that we are ready for the cooler weather. The uniform shop is open on Monday morning in Week 11 and I encourage all the parents to get in quick so they can get stock while it is available. A reminder, that students can only wear their sports uniform on a Wednesday. Otherwise full school uniform is expected every other day.

PARENT TEACHER NIGHT

Thank you to all the Parents and Carers who came to the Parent Teacher
Night on Tuesday 29 March. It was an extremely positive night and it was wonderful to see the rich conversation that was had. The next Parent Teacher Night will be held on Tuesday 3 May between 3:30-6:30pm for students in Years 8, 9 & 10. I encourage Parents and Carers to go online and book their interview times to avoid disappointment. This is a great opportunity for parents to personally speak to their child’s teachers and get direct feedback on their child’s progress.

EXAM WEEKS

Semester exams will be held during Weeks 3 & 4 of Term 2. Students will be informed by their teachers if they have a Semester exam in their subject. Students will also be issued with an exam timetable informing them of formal exams to be held in the school hall. It is recommended that students start preparing for these exams and seek assistance from their subject teacher if they feel they need it. The school also runs Homework Club on Tuesdays and Wednesdays in the school library for students who would like some support with assignments or studying for exams. In order to attend, students will need to return a signed permission note to the Social Science Staffroom. Permission notes are available from the Social Science staffroom or the front office.

YEAR 9 BARISTA EXCURSION

Cappuccino, Flat white, Skim Latte and lots, lots more! I was privileged to spend the day travelling into the city with 37 Year 9 and 10 students and Mr Roma, Ms Del Pinto and Ms Paa. Together we entered the world of coffee and aside from Mr Roma (who is already trained) the rest of us were successful in achieving a Barista Certificate. The students were very interested in learning the skills and couldn’t wait to practise them on the big machines. Please see photos over the page.

Mrs B Maricic, Ys 7 & 9 Deputy Principal

SUPPORT UNIT NEWS

IEP MEETINGS

Thank you to parents who met with the Support staff over the last two weeks. It’s been lovely getting to know you and your child further, and also to be able to talk about positive moments your child has been involved in, as well as discussing vital information to meet their needs.

END OF TERM EXCURSION - SYDNEY AQUARIUM

The Support Unit will be going on their end of term excursion on Wednesday 6 April to the Sydney Aquarium. Notes were distributed last week. Could you please ensure notes are returned ASAP so we can finalise numbers. Depending on the numbers we may have a class remaining at school - this is yet to be confirmed.

SUPPORT SWIM SCHOOL

The Support Unit Swim School will be held in Term 3 at Blacktown Leisure Centre, Stanhope Gardens. This program will run every Wednesday for 8 weeks from 27 July till 14 September (inclusive). Permission notes have been distributed to parents over the last two weeks.

Mrs Jennifer Payne, Support Unit Head Teacher
DRAMA AND ENGLISH NEWS

The Year 9 Drama elective class has started studying Epic Theatre, with the focus building toward Bertolt Brecht’s *Threepenny Opera*. They have been doing small activities that allow them to discover the conventions of Epic Theatre before looking at the play.

The Year 10 Drama elective class have begun their study of Stanislavsky and his ideas of realist theatre, and film. They began brainstorming ideas for their films and will begin filming next term.

Year 7 are working their way through their unit on Poetic Imagery. Students have been learning about different poetic devices and how they create meaning and imagery within poems before creating their own poetry anthology. A reminder that the Year 7 assessment task is due this week. Poetry anthologies are to be uploaded to the class powerpoetry.org
group, or submitted to your child’s teacher. The accompanying ALARM scaffold and Learning Journal can be submitted via hardcopy to your child’s teacher in their allocated class this week.

For Year 8 in English, students have been working on researching an inspirational person as a part of their unit on Survival. They will be completing their presentations in class this week.

Year 9 English have been studying The Human Footprint in a variety of texts throughout the term. Students will begin wrapping up their unit of study over the coming weeks and will be working on consolidating their overall understanding of the Human Footprint as a concept.

Year 10 English have been continuing their study of John Foulcher’s poetic works. They will be completing an in-class essay assessment task this week. A reminder for students to reflect upon their work in preparation for their learning journals, which will be submitted Week 1 of Term 2.

DOROTHEA MACKELLAR POETRY COMPETITION

If you are a poet, a writer or looking for something new, then the Dorothea Mackellar Poetry Competition is just for you!!

Year 7 students are encouraged to submit poems from their anthology!

To enter, compose 1-3 poems (80 lines maximum) around the 2016 theme of ‘waiting’. Entries are due before 30 June 2016.

For more information, see Miss Ross in the English staffroom.

MATHEMATICS NEWS

Students have received their Term 1 test results and feedback from their teachers on their performance. They can use the feedback provided to further improve their grades in the Half-Yearly Examination next term.

All students are reminded that the Year 7 and 9 Numeracy NAPLAN Examinations will be held on Thursday 10 May. Students are advised to make sure that they have their equipment ready for the examinations, especially a calculator. These are available from the front office for $15.

As next week is the last week of Term 1, the Mathematics faculty wishes all our students and their families a relaxing, enjoyable and safe holiday.

HISTORY FACULTY NEWS

COMPETITION NEWS

QHHS would like to offer all our amazing History students the opportunity to compete in the Australian History Competition coming up on 25 May. There are prizes on offer to the winning students from each year group and students will be recognized for their achievements. The cost to students is $6.00 and the cut-off date for payment to the office is 30 March.

NATIONAL HISTORY CHALLENGE 2016 - TRIUMPH OR TRAGEDY

The National History Challenge is a research-based competition for students. It gives students a chance to be an historian, researching world history, examining Australia’s past, investigating their community or exploring their own roots. It emphasises and rewards quality research, the use of community resources and effective presentation. Please go to the following website for more details. www.historychallenge.org.au Closing Date: 26 August 2016
**HISTORY ASSESSMENT TASK DUE DATES – TERM 2**

Year 7:       Ancient Egypt Research Task       Week 1
Elective History       In-class Essay       Week 4

###

The Exam period is occurring between Weeks 3 & 4 of Term 2.
Students please take the opportunity to begin revising thoroughly to ensure that you are well-prepared for the exams.

**QUAKERS HILL HIGH SCHOOL HISTORY FACULTY WEBSITE**

Welcome to the QHHS History Podcast Website!

[www.tinyurl.com/zh3oe8p](http://www.tinyurl.com/zh3oe8p)

Here you will find links to your assignment sheets with Podcasts that you can download and listen to help you along your way. This site is a work in progress, so keep checking back regularly for updates.

Good luck!!

**HOMEWORK CLUB**

Homework Club is now open. It will be held in the Library on Tuesday and Wednesday after school. This is to provide assistance to students needing help with homework activities and assessment tasks. Students will need a new permission note for 2016. Notes can be obtained in the Library at Recess or Lunch.

Times:       3:10pm - 4:10pm
Tuesday - Mr Krilic, Wednesday - Ms Fensom

**SCIENCE MATTERS**

**HALF YEARLY EXAMS**

As we start to wind down towards the end of the term, a gentle reminder that the half yearly exams will take place in Week 3 of Term 2. All class content covered in Term 1 will be included in the exam. It is highly advised that students begin preparing for the exam by updating incomplete work in readiness for some effective studying.

<table>
<thead>
<tr>
<th>Topics covered during Term 1:</th>
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<tr>
<td>Year 7-  Welcome to Science</td>
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<td>Year 8-  Fizz, Crackle &amp; Pop</td>
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<tr>
<td>Year 9-  Ecosystems</td>
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<td>Year 10- Mystery Solutions</td>
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</table>

**Upcoming topics for Term 2:**

| Year 7-  Living things          |
| Year 8-  Plants                 |
| Year 9-  Keeping it under control |
| Year 10- On The Move            |
Have Some Science Fun over the holidays!

Here are some fun experiments to keep students busy during the holidays.

Make Slime These Holidays!

What you will need:

* 1/4 cup of white craft glue (like Elmer’s glue)
* 1/4 cup of liquid starch (used for clothes)
* Food coloring (optional)
* Mixing bowl
* Mixing spoon

What to do:

1. Pour all of the glue into the mixing bowl.
2. Pour all of the water to the mixing bowl with the glue.
3. Stir the glue and water together.
4. Add your food color now – about 6 drops should do it.
5. Now add the liquid starch and stir it in.
6. It should be nice and blobby by now. As you play with your slimy concoction, it will become more stretchy and easier to hold.
7. Explore your slimy creation and store it in a zip bag when you are not using it.

How does it work?

The glue is a liquid polymer. This means that the tiny molecules in the glue are in strands like a chain. When you add the liquid starch, the strands of the polymer glue hold together, giving it its slimy feel. The starch acts as a cross-linker that links all the polymer strands together.

Do A Magic Trick These Holidays!

What you will need:

* An empty soda can
* Blown-up balloon
* A head of hair

What to do:

1. Place the can on its side on a flat smooth surface like a table or a smooth floor.
2. Rub the blown up balloon back and forth through your hair really fast.
3. Now the fun part – Hold the balloon close to the can without actually touching the can. The can will start to roll towards the balloon without you even touching it!
How does it work?

This works a lot like our bending water experiment. When you rub the balloon through your hair, invisible electrons (with a negative charge) build up on the surface of the balloon. This is called static electricity, which means “non-moving electricity.” The electrons have the power to pull very light objects (with a positive charge) toward them – like the soda can.

Optical Illusions: are images that use your eyes to confuse your brain

What do you see?

Did you notice the small greyish dots between the black boxes? They are not part of the drawing – your brain put them there! Scientists call this “visual vibration.” Basically it means that when you see patterns of black and white, your eye sometimes confused the two and blends them into patterns of grey that you see here. You are seeing something that is not really there!

For more fun experiments go to: https://sciencebob.com/category/experiments/

SCHOOL OPAL CARD

This year, Transport for NSW have allowed eligible school students to travel without a School Opal card for the first 7 weeks of the school year, provided they are in school uniform or can provide evidence they are attending school.

As most students have now settled into their new travel patterns for the year and have received their School Opal cards, the grace period will end on Monday 21 March.

PRINCIPAL’S AWARDS

Congratulations to the following students on receiving their Gold Principal’s Award:

Year 8—Talisha Ingram, Oliver Matthews
Year 9—Kopal Mathur
Year 10—Sehajpreet Lamba
PREPARE YOUR TASTEBUDS FOR A CUPCAKE FEAST...
Tuesday the 5th of April

A ‘Team B ‘Work Education Course Initiative

On Tuesday of Week 11 the Work Education B-Team will be selling cupcakes in front of the Library for just $1!!

The rich and irresistible flavours on sale will include - classic vanilla and chocolate.

The store will be operation at Lunch only. So don’t delay.

All profits will go towards Year 10 formal.

Hope to see you there.

- The ‘B-Team’
(Camryn Batchelor, Jorjia Gregory, Callum Seymour, Adriana Spasaro, Mitchell Deering, Daniel Foroughi, Krishneel Kumar, Maseeh Azimi)
PREPARING TO EXCEL

Applications for the 2017 QHHS GAT classes must be submitted to the QHHS Administration Office by Friday the 27th of May 2016.

WHAT YOU NEED TO DO -

STEP ONE:
Download the Parental Nomination Form from the school website
(forms can be found on the school website, under the heading "Curriculum & Activities" & "Learning Extension").

STEP TWO:
Read the ‘Information for Parents’ section
Complete the ‘Parental Checklist’
Have your child’s classroom teacher complete the ‘Teacher Checklist’
Compile work samples of your child’s best work
Have this work verified by your child’s classroom teacher

STEP THREE:
Submit all documents in a file, sleeve, envelope or on a USB to the QHHS Administration Office by the 27th of May 2016.
Address these documents to:
Karen Critchley (HT Teaching & Learning)
Quakers Hill High School
70 Lalor Rd, Quakers Hill NSW 2763

IF YOU HAVE ANY QUESTIONS ABOUT THE PROCESS CALL KAREN CRITCHLEY ON 98371533
What is NAPLAN?
The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual national assessment for all students in Years 3, 5, 7 and 9. All students in these year levels are expected to participate in tests in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy. All government and non-government education authorities have contributed to the development of NAPLAN materials.

Why do students do NAPLAN tests?
NAPLAN is the measure through which governments, education authorities, schools, teachers and parents can determine whether or not young Australians are meeting important educational outcomes in literacy and numeracy. The tests provide parents and schools with an understanding of how individual students are performing at the time of the tests. They also provide schools, states and territories with information about how education programs are working and what areas need to be prioritised for improvement.

NAPLAN tests are one aspect of a school’s assessment and reporting process; they do not replace the extensive ongoing assessments made by teachers about each student’s performance.

What will be tested and how?
NAPLAN tests the sorts of skills that are essential for every child to progress through school and life, such as reading, writing, spelling, grammar and numeracy. From 2016, NAPLAN content will be aligned with the Australian Curriculum. For more information on this please see the NAP website: www.nap.edu.au. Questions are multiple-choice or require a short written response. The writing task requires students to write a text in response to a prompt.

To give you an idea of what the tests look like, sample questions and a sample writing task are available on the NAP website: www.nap.edu.au

Who will run the tests?
NAPLAN tests are conducted at schools and administered by classroom teachers, school deputies or principals. Each state and territory is responsible for marking the tests in accordance with strict guidelines and processes.

How can I help my child prepare for the tests?
NAPLAN assesses literacy and numeracy skills that students have already been learning through the school curriculum. Teachers will ensure students are familiar with the test formats and will provide appropriate support and guidance. If you have any questions about your child’s preparation for NAPLAN, you should make a time to speak with their teacher.

The best way you can help your child prepare for NAPLAN is to reassure your child that NAPLAN tests are just one part of their school program, and to urge them to simply do the best they can on the day. The use of services by coaching providers is not recommended.

What additional support can schools provide for students with special needs?
All students are encouraged to participate in NAPLAN tests. Students with disability may qualify for adjustments that reflect the support normally provided in the classroom. Students who have a temporary injury may also be reasonably accommodated.

A formal exemption may be granted for a student with significant intellectual disability and/or significant coexisting conditions, or for a student who has recently arrived in Australia and has a non-English speaking background.

Your school principal and your state testing authority can give you more information on special provisions or the process required to gain a formal exemption.
National Assessment Program – Literacy and Numeracy 2016

LETTER TO PARENTS

In May 2016 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by students in Years 3, 5, 7 and 9. NAPLAN has the support of all State and Territory Education Ministers and will assess the literacy and numeracy skills of students across Australian schools.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child’s level of achievement. Each student’s level of achievement will be reported against the national minimum standard.

Student background information (student name, gender, date of birth, language background and Aboriginality) will be collected as part of the National Assessment Program. This information is treated confidentially and held securely to ensure that every student’s right to privacy is maintained.

The NAPLAN tests will be conducted from 10-12 May 2016.

<table>
<thead>
<tr>
<th>TUESDAY 10 MAY</th>
<th>WEDNESDAY 11 MAY</th>
<th>THURSDAY 12 MAY</th>
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<tbody>
<tr>
<td>Language Conventions (Spelling, Punctuation and Grammar)</td>
<td>Reading</td>
<td>Numeracy</td>
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<tr>
<td>Writing</td>
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In the Numeracy tests students do not require any measuring tools such as rulers or protractors. In Years 7 and 9 there will be two Numeracy tests: one where a calculator is allowed and one where calculators are not to be used. For the calculator test, the student should use the calculator that they currently use at school.

Friday 13 May – A ‘catch-up’ day is scheduled for students who missed a test or were absent on a test day.

Students may be considered for exemption from the tests if they:

- are newly arrived in Australia (less than one year before the test) and with a language background other than English, or
- have significant intellectual disability and/or significant co-existing conditions which severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests. Disability adjustments which reflect the student’s normal level of support in the classroom may be provided. Large print, Braille, coloured paper versions and electronic tests are available to meet the needs of individual students.

Access to disability adjustments or exemption from the tests must be discussed with the school principal and a parent or carer consent form must be signed.

Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents in consultation with the school principal. If you wish to withdraw your child from the tests, a parent or carer consent form must be signed.

Please make an appointment with the principal of the school your child attends if you would like to discuss your child’s participation in NAPLAN.

Additional information about NAPLAN can be found at www.nap.edu.au/NAPLAN/Parent_Carer_support/index.html.
National Assessment Program – Literacy and Numeracy 2016

PARENT/CARER CONSENT FOR EXEMPTION AND WITHDRAWAL

In May 2016, the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by all students in Years 3, 5, 7 and 9. NAPLAN will assess the literacy and numeracy learning of students in all Australian schools. The tests will be conducted across Australia on the same days for all students.

The results of the tests will provide important information to schools about what each student can do and will be used to support teaching and learning programs. Parents will receive a report indicating their child’s level of achievement and will be able to compare their child’s performance against the national minimum standard.

Consideration for exemption can be given to students:
- newly arrived in Australia (less than a year before the tests) and with a language background other than English, or
- with significant intellectual disability and/or significant co-existing conditions that severely limit their capacity to participate in the tests.

Exemption must be discussed with the principal.

Students may also be withdrawn from the tests at the request of the parent/carer.

The completed parent/carer consent form for exemption or withdrawal must be lodged with the school principal by 2 May 2016.

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<table>
<thead>
<tr>
<th>Exempt (Language)</th>
<th>Exempt (Disability)</th>
<th>Parent Withdrawal</th>
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<tr>
<td>Language Conventions test</td>
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<tr>
<td>Writing test</td>
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<td>Reading test</td>
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<tr>
<td>Numeracy test</td>
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Principal’s signature: ____________________________

Name of parent/carer: ____________________________

Parent/carer’s signature: _________________________ Date: ___ / ___ / 2018

The signed consent form should be filed at the school.
Reading Recommendations from Our Library Leaders

**Nathalia Buttface and The Most Embarrassing Dad In The World – By Nigel Smith**

Review by Rylea Conlon (Year 7, 2016)

Nathalia Buttface is a seemingly ordinary eleven year old girl. Unfortunately she has the most embarrassing dad in the whole world, followed by the most embarrassing last name in the whole world, ‘Bumole, (Which her dad keeps saying is pronounced ‘bew-mol-ey’. Obviously not true). Really, how can any girl be normal with a last name like that? To make matters worse, Nathalia is starting a new school and her dad is going to be on the school committee. Her dad is prone to messing everything up, so this spells disaster for Nathalia.

Come join Nathalia, her Dad and the naughtiest boy in the world, Darius Baigley, in a hilarious and thrilling tale. My favourite character would definitely have to be Darius Bailey, because of his mischievous and rule breaking behaviour.

This book will make you laugh, cry and cringe with Nathalia at the antics of her cuckoo family and mad-cap friends.

**RATING:** ★★★★★

**Charlie and the Chocolate Factory is – By Roald Dahl**

Review by Annalise Ahmad (Year 7, 2016)

Charlie and the Chocolate Factory is a very interesting and humorous book. The protagonist of the story is a young Charlie Bucket and throughout the novel we get to see him go on an awesome adventure with a group of kids through Willy Wonka's Chocolate Factory. I really liked Charlie and the Chocolate Factory because all of the characters felt real and very different in their own way. My favourite characters would have to be the Oompa-Loompas as they are incredibly quirky, small and unusual creatures.

The story had heaps of scary and funny moments, which would appeal to everyone who reads it! My favourite part of the book would have to be when Ogustast Glup fell into the chocolate river and got sucked up into the pipe. It was hilarious to see him devouring even more chocolate, despite his precarious situation.

The book made me laugh and made me smile. It was written with humour and drama and was very engaging. So prepare yourself to read an amazing novel that features a multitude of twists and turns. I would recommend this book to readers 10 years and older. This book is my favourite book from the Roald Dahl collection and always will be.

**RATING:** ★★★★★

**The Last Thirteen: 12 – By James Phelan**

Review by Sarah Branson (Year 10, 2016)

The Last Thirteen is a book that has excellent cliff hangers and an amazing storyline. This book has unpredictable events that keep readers interested and amazed. James Phelan’s novel is about a boy called Sam that has to hunt for the next 12 dreamers. With his dreams leading him to discover the other dreamers and an evil enemy right
on his tail, this book is action packed and exciting.

**RATING:****

**Dorothy Must Die** – By Danielle Paige  
Review by Muskan Soni (Year 10, 2016)

Dorothy Must Die is a young adult fantasy retelling of The Wonderful Wizard of Oz by Danielle Paige and is her debut novel. It is the first book in the series Dorothy Must Die, and introduces to us a world where power can become your biggest addiction if you aren’t too careful, where ‘Good Witches’ cannot be trusted and where Wicked Witches may just be the good guys, where winged monkeys can be executed for acts of rebellion, where the trees don’t talk and the infamous yellow brick road is falling into ruin. Oz is a world that is crumbling and within its confines no one is safe, and that rings especially true for newcomer Amy Gumm (the other girl from Kansas), who has been trained and recruited for a dangerous mission. Dorothy Must Die, is one those rare retold stories that doesn’t desecrate the original and much loved narrative, it simply creates a new atmosphere, it generates new meaning and sparks the interest and imagination of the existing audience. It has a genius premise, that being a twisted and skewed Oz, and is populated with interesting, dark and corrupt characters that exist in a world that is rich in magic, malevolence, power, fear, blood and action.

I would recommend Dorothy Must Die to teenagers and young adults who like reading re-envisioned classics, The Oz universe, the fantasy genre or YA novels.

**RATING:****

**Taster Day #2 – The Many Flavours of High School**

Our final Year 6 Taster Day for 2016 went off without a hitch, courtesy of a sublime cast of expert teachers, attentive student leaders and animated and motivated Year 6 guests. Our prospective 2017 cohort came from Glendenning, Marayong South, Marayong Heights, Parklea Marayong, William Dean and many more. Whilst their school of origin may have differed, they were united in their desire to understand, enjoy and fully experience the unfamiliar world of high school. And the feedback was unanimous; our Taster Day was ‘interesting’, ‘great’, ‘awesome’ and ‘creative’, our leaders were ‘very helpful’, ‘totally likable’ and ‘very, very cool’ and our staff were ‘enthusiastic’, ‘really humorous’ and ‘so nice’. All in all, I think that sounds pretty affirmative.

A special congratulations goes out to the following outstanding school ambassadors that contributed to a successful school event:
What our guests had to say:

“I really liked Music and Lunch, because we had dance battles and heaps more.” Amy (William Dean)

“I liked Metalwork and IST. The leaders of my group were friendly and liked to help.” Angelika (Marayong Heights)

“I loved the fact that we got to actually do experiments in Science.” Tanique (Glendenning)

“I enjoyed how all the student leaders helped you out and how all students were involved and participating.” Tarah (Glendenning)

“It was awesome!” Daniel

The 2016 PRC Competition – Read, Discover & Win

If you can demonstrate that you have read 10 PRC books in 2016 and can show Ms Lachevre your signed and verified reading log by Thursday of Week 1 in Term 2, you may secure yourself the creamy goodness of a delectable Cornetto Ice-cream and two merit awards. To qualify, simply be one of the first sixteen participants to present their log to Ms Lachevre.

Read, discover and win.

Devour these enticing PRC titles over the holidays and work towards completing your Challenge Log.
On Tuesday the 29th of March our first Year 7 Parent Teacher Evening for 2016 took place and with the help of our committed and capable student leaders the event was hosted and catered for with tremendous efficiency. I would like to thank the following student leaders for their contribution of their time and effort. It was most appreciated.

<table>
<thead>
<tr>
<th>Hannah</th>
<th>Branson</th>
<th>Lindsay</th>
<th>Bath</th>
<th>Vanessa</th>
<th>Gowans</th>
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<tr>
<td>Payal</td>
<td>Khatri</td>
<td>Rocklin</td>
<td>D'Cruz</td>
<td>Vipneet</td>
<td>Kaur</td>
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<td>Shumaila</td>
<td>Aroob</td>
<td>Sarah</td>
<td>Branson</td>
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<td>Zoe</td>
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<td>Rhiannon</td>
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<td>Grace</td>
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Year 7 Parent Teacher Night – Term 1

Learn Karate

KIDS and ADULTS

Qualities Hill Community Centre
7 Lake Road (near the police station)

Beginner Tuesday 7pm (from 5:30pm)

First lesson FREE

No appointment necessary.

Join fee $65pp (includes a uniform)

Term fee $100pp (school term)

Other classes at Glenwood, The Ponds, Ropes Crossing, Gledswood, Hassle Grove and Cootamundra

All of our instructors are Senior First Aiders and have current Working with Children Certificates

Text 0412 447 911

www.kyounofkarate.com
karete_email@yahoo.com.au

Self Defense Self Esteem Leadership Fitness Emotional Awareness Span of Confidence Building of Social Skills Discipline Positive Association to Learning Fun and Friends
HAVE YOU GOT YOUR CALCULATOR FOR NAPLAN??
10 tips for taking tests

“No one really likes tests or exams. Here are a few tips,” says Andrew Fuller, Clinical Psychologist.

1. Remember everyone gets stressed during tests and everyone has to learn how to manage these feelings.

2. Know that stress is your body’s way of getting ready to take on a challenge and perform at your best.

“Stress can help us to perform at high levels - as long as we know how to keep it in check” Andrew Fuller, Clinical Psychologist.

3. Write down your concerns about the upcoming test as questions - and then write answers to those questions.

“Just writing out your fears, getting them out of your head and onto some paper helps you to gain some perspective” Andrew Fuller, Clinical Psychologist.

4. Focus on doing your best with the questions in front of you, rather than thinking about how you did in past tests.

“Performance in any area requires presence - focus on what you have to do right now” Andrew Fuller, Clinical Psychologist.

5. If you breathe out and count silently, “one thousand, two thousand, three thousand”, you will start to feel calmer.

“The part of our calming system is activated when we breathe out slowly” Andrew Fuller, Clinical Psychologist.

6. Maintaining a powerful posture sends a signal to your brain that tells it you are feeling in charge of things.

“Your brain is extremely clever but it can also be pretty stupid. It believes what you tell it. If you hold a power posture your brain notices and decides that you’re feeling fine and lowers the levels of stress” Andrew Fuller, Clinical Psychologist.

7. Eat breakfast – a mix of protein (like eggs) and carbohydrates (like toast).

“Usually a higher protein, lower carbohydrate mix increases memory, concentration and energy” Andrew Fuller, Clinical Psychologist.

8. Drink water. Avoid energy drinks, which may interfere with your levels of concentration.

“Energy drinks increase your levels of adrenaline making you feel wired. If you are feeling stressed you are better to drink water as it reduces your levels of cortisol - the stress hormone” Andrew Fuller, Clinical Psychologist.
9. Get a good night’s sleep.

“Before a test or exam it’s best to get a good night’s sleep.” Andrew Fuller, Clinical Psychologist.

10. Remember that tests and exams are important, but they are not the big predictors of life success.

If you would like more information you can download a free copy of “Preparing for tests and exams” from www.andrewfuller.com.au.

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**NSW SCHOOL VACCINATION PROGRAM**

Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2016 the following vaccines will be offered to Year 7 students:
- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose; and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)

* The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised. Parent Information Kits will be sent home to parents/guardians.

To consent to the vaccination of their child, parents/guardians are advised to:
- read all the information provided
- complete the consent form, including signing their name next to the vaccines they would like their child to receive
- return the completed consent form to their child’s school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.
Nirimba Collegiate - Year 10 2016 into Year 11 2017

Subject Selection Process 2016 - Parent Guide

**Term 2**

2-6 May - Subject Selection Booklets Distributed in Year 10 Assembly at QHHS, RHS & SHHS. Subject Selection Booklets available at Wyndham College Reception for non-Collegiate applicants.

16th May - RHS/SHHS Taster Lessons - Day 1

17th May - RHS/SHHS Taster Lessons - Day 2

23rd May - QHHS Taster Lessons - Day 1

24th May - QHHS Taster Lessons - Day 2

6th June - Subject Selection Night. Enrolment Packages distributed and online subject selection process explained.

**Term 3**

27th July - Enrolment Packages Due to your Careers Adviser. Online Subject Selection Closes

**Term 4**

22nd November - Year 10 Orientation Day for all students

22nd November - Parent Orientation Evening

If you have any questions, please contact the Collegiate Deputy Principal on 92087100 or the Careers Adviser at your child’s school.

*BOSTES – Board of Studies, Teaching & Educational Standards

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**Colour Key:**

- **Parent Events**
- **Student Events at Wyndham College**
- **Paperwork or online forms needing completion**
- **Careers Advisers**
Greetings Parents and Carers

I am sure that you would agree that effective communication between the school and home is important. One means of communication is the school newsletter ‘Contact’.

We have been concerned for some time that our Contact newsletter is not as effective in communicating as we would wish. It often does not reach home, lost without trace at the bottom of a school bag and sometimes our teenagers actively prevent the school communicating with you as parents and carers.

On top of this is the notion that a paper newsletter is expensive (over $5000 every year) and given the increasing number of parents who use email and actually prefer it, we really need to get with the times and communicate with parents electronically. Of course, a paper version would still be available for those who require it.

Be assured that we are not aiming to overflow your IN tray with school emails.

We would like to start sending out newsletters by email thus ensuring that they reach the desired destination and saving money which would be better spent on resources for your children.

Please carefully and legibly complete the following and return it to school with your child.

Lauretta Claus
Principal
February 2016

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QUAKERS HILL HIGH SCHOOL - EMAIL ADDRESS REQUEST

CHILD NAME: ________________________________ YEAR: ______

PARENT’S EMAIL ADDRESS:

@ __________________________________________

PARENT/CARER SIGNATURE: ________________________________
INFORMATION FOR PARENTS

STUDENTS LEAVING EARLY

If you need to pick up your child early from school:

1. Write them out a note in the morning.
2. Tell your child to take the note to the office before roll call.
3. The office staff will issue your child with an Early Leavers Note which allows them to leave class at the nominated time.
4. Your child will be able to leave class at that time and will be sitting in the foyer waiting for you when you arrive.

STUDENTS WHO ARE LATE TO SCHOOL

If your child is late to school and have missed roll call, they need to go straight to the front office to be marked in late. If they are accompanied by a parent or have a note covering their lateness, they will not receive a lunchtime detention.

If your child is late to school and they do not have a note or a phone call explaining their lateness, they will be put on a lunchtime detention.

MEDICAL

Any students who is on an anaphylaxis or severe asthma plan will need to send in an updated copy of their current Action Plan from their doctor to the office.

EVERY THURSDAY ALL STUDENTS FINISH EARLY AT 2.30pm

THE QHHS UNIFORM SHOP IS OPEN EVERY MONDAY MORNING FROM 8.10—9.30AM

PLEASE CHECK OUR WEBSITE AND FACEBOOK PAGE REGULARLY
CHANGE OF PERSONAL DETAILS FOR STUDENTS
(PLEASE PRINT)

NAME OF STUDENT: ______________________________

YEAR: ______________________________

ADDRESS: ______________________________

HOME PHONE: ______________________________

WORK PHONE: ______________________________

MOBILE NO: ______________________________

CARER 1 NAME: ______________________________

PHONE/MOBILE: __________________________

CARER 2 NAME: ______________________________

PHONE/MOBILE: __________________________

EMERGENCY CONTACTS: ______________________________

MEDICAL PROBLEMS (IF ANY) ______________________________

Signed: ______________________________     Date: ______________________________
Creating smiles that shine for a lifetime
50% OFF INITIAL CONSULTATION
OFFER ENDS 30th April 2016
* offer ONLY available to first 25 patients

Do you know someone who hesitates to smile?

Excessive Spacing  Crowding  Open Bite  Overbite (Deep Bite)
Crossbite  Underbite  Overjet (Protrusion)  Abnormal Eruption

COMMON ORTHODONTIC CONDITIONS

Only Australasian Orthodontic Board Certified
Specialist in the Norwest Area, so you know you are in good hands!

Dr Shimanto Purkayastha
BDS, MOrth(Hons), MOrthRCS(Ed), MRACDS(Ortho)

Exclusively use Damon Q/Clear Brace System – the ‘Rolls Royce’ of braces
Certified invisalign provider
Non-extraction philosophy
Specialised in early intervention and prevention treatment
Clinical team with over 50 years combined experience

Affordable prices with flexible interest free payment plans
Experience our state-of-the-art facility with latest technology and equipment
Extended opening hours during weekdays.
Saturday consultations also available
Conveniently located in Norwest Business Park with free visitor parking onsite

Ph: 02 9672 6113
www.norwestortho.com.au

Suite 11, Level 1,
6 Meridian Place, Bella Vista NSW 2153

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