As many of you were aware, I have been on leave for the past 2 weeks, as I attended a basketball conference in Geneva Switzerland. It was a world wind visit but very rewarding and gave me some invaluable experience in managing large scale international sport events. I would like to take the opportunity to thank Mrs Mahon for managing the school in my absence. She has done a wonderful job as Relieving Principal and I know she had amazing support from Mrs Maricic. I would also like to thank Mrs Critchley, Mrs Neylan and Mrs Asgar for stepping up and assisting Mrs Mahon during this time. My short visit to Geneva gave me the opportunity to visit the Red Cross Museum and also a local high school. I discovered teachers are paid a lot more in Switzerland however, their schools have very limited sports and playing spaces available.

The Red Cross Museum was a very emotional experience for me as was the Jewish Museum that I visited during my 3 days in Berlin Germany. Both these museums gave me a greater understanding of the impacts world conflicts have on disadvantaged people, as well as confirming my horror for the persecution of the Jews, which was such of a bleak period in 20th century history.

Travelling overseas always makes me so aware of how far Australia is from the western world, but also how blessed we are in this country with all the freedoms and opportunities afforded us. It always amazes me to realise just how old these other civilizations are and some of the buildings are testament to the age of these cultures.

KITCHEN REFURBISHMENT
We recently had some maintenance done on our school kitchens. Old worn out work spaces and broken doors and cupboards were replaced. Our wonderful P&C also agreed to purchase 2 brand new electric stoves for our kitchens, to compliment these renovations. Food Technology continues to be a very popular elective for our students and it is nice they can now work in a cleaner and newer environment with more modern equipment.

Lauretta Claus

**YEAR 5/6 INFORMATION EVENING**

Ms Lachevre continues to maintain an exemplary transition program for potential Year 6 students entering Year 7. Her Taster Days give Year 6 students a rich and meaningful experience of high school life and curriculum while the Year 5/6 Information Evening she organises for parents, guides and assists them in making meaningful choices about the high school options open to their children. Last week’s Information Evening was very well attended with over 150 parents, many of them out of areas coming to find out about the first class facilities and educational provisions provided at QHHS.

**LEADERSHIP ASSEMBLY**

Last week’s Leadership Induction Assembly was a wonderful event and gave our school community the opportunity to recognise our leaders for 2016. Despite it being such a hot day we had a significant number of parents in attendance taking the opportunity to see their children inducted as school leaders. Several parents specifically commented on how well spoken our captains were. Many thanks to Mr Meredith and Mr Wright for organising the formal induction of our 2016 Student Representative Council. Congratulations to the following students who are our Student Representative Council for 2016:

**Captains:** Genesis Asuncion & Ben McDonell

**Vice Captains:** Isabella Ahmad & Alister Tupper

**Year 7:** Pratham Arora, Rylea Conlon, Tyrone Freeman, Grace McDonell, Renee Spasaro, Brooklyn Williams

**Year 8:** Lindsay Bath, Rocklin D’Cruz, Luke Dickson, Maddison Latham, Jake Malone, Matthew Mey, Amanda Zarb

**Year 9:** Geoffrey Garcia, Jordan McGregor, Jordan Peters, Madeline Rochester, Laura Towell, Oliver Turner
Year 10: Holly Bramble, Tamika Ezzy, Sachnoor Kaur, Lei Octubre, Karnvir Singh Bains


House Captains— Ravensworth: Ryan Bartolo, Shaena-Lea Charlesworth, John Brown, Dominique Burke

Oberon: Carmel Edgerley, Daniel Foroughi, Benjamin Dalkeith, Natasha Deziel

Yallah: Emma Hemsworth, Justin Galindez, Charles Kaufusi, Noraye Groves

Gundagai: Rafi Noori, Faith Malae, Jack Micallef, Neridah McRae

Bathurst: Ebony Smith, Alex Southcombe, Connor Slack-Smith, Maddison Samways

Perisher: Oliver Turner, Breannon Thompson, Zane Voukelatos, Mya Waihape

SOCIAL MEDIA

As a person who loves looking at the photos and news of others I love Facebook and Instagram. As someone who loves to quickly make plans and send swift communications, texts and messenger are great, but as a school leader I sometimes feel that social media is the bane of my existence. Yet again over the past fortnight we have had issues around how students communicate with each other and more broadly, how those messages are shared. Parents can sometimes be surprised when students receive school based consequences for actions that occurred outside the school yet if those actions or behaviours stemmed from school or are connected to school, then we will take appropriate school-based action. The old advice is still the best advice: know what your children are doing online and ensure the strongest security settings.

Recent disturbing news reminds us that over half of the images found on international paedophile image sharing rings originate from images shared by individuals themselves thus it is important that we remind our children that once you post it you don’t own it and you have no control over where it ends up or how it is used. At Thursday’s assembly Year 8 students had the opportunity to hear from Matt Dimech, a solicitor from Legal Aid Australia, who spoke about social media, cyber bullying and related online dangers.

BUS BEHAVIOURS

We have had some concerns expressed by community members regarding parents parking in Torrance Street to collect their children. Apparently conditions in Torrance Street are becoming particularly dangerous and students are running across the road to meet their parents. Please enter, exit and park in the roads around the school as safely as possible. Please also insist that your children behave in a safe and responsible way around our roads.
SCRIPTURE
This week all Year 7 and 8 students will have received a letter outlining some basic information about how Scripture is organised and run through classes. The letter is for your information only as Scripture operates on an opt-out system which means that if you wish for your child to be exempted from Scripture, you must send a letter stating this. Students who do not attend Scripture will be required to sit and read or study. Years 9 and 10 will have 4 Scripture seminars throughout the year, each lasting for a period. Once again these operate on the ‘opt-out’ system and require a letter.

ELEVATE STUDY SKILLS SEMINARS
Last week all Year 10 students attended the Elevate Study Skills Seminars and these were very highly evaluated by the students. On Thursday afternoon the staff also had a seminar with the Elevate representatives who talked about how the skills developed by students can be furthered by staff and incorporated within KLA’s across the school. The school has heavily subsidised the seminars with students only being required to pay $2 to attend. Students who indicated interest in leaving at the end of Year 10 attended 2 careers focussed workshops on the same day and these seminars were also highly rated with the students appearing interested and engaged throughout. Our goal is for students to be thinking about next year and seeking advice to ensure they realise their ambitions.

EXECUTIVE CONFERENCE
As this Contact goes to print, the School Executive will be at their annual Executive Conference. The Executive Conference is an important opportunity for the QHHS leaders to work, learn and plan together.

The focus for the conference this year is quality assessment with sessions on quality assessment coding, the School Excellence Framework, Numeracy, the role of ICT in assessing, assessing Life Skills outcomes and motivating Generation Y.

YEAR 7 ADVISERS FOR 2017
I am also very pleased to announce that the Year 7 Advisers for 2017 are Ms Ellise Barratt and Ms Christine Marin.

FEES
Parents should have recently received an invoice outlining the fees owed by each student for mandatory course fees and the General Contribution Fee. If you have not received an invoice, please contact the school so that we can arrange this for you. Remember that students seeking to attend extra-curricular excursions, sporting events and so on after Week 8 (we are now coming into Week 7) must have paid their mandatory fees. Year 7 students must have paid 25% of their mandatory fees before they can pay the balance of their camp costs. 25% will, in most cases, be $30. Thank you to the large number of parents who have already paid their fees. Your cooperation in this is greatly appreciated and contributes to the smooth running and management of the school.

Over the last fortnight I have been relieving in the position of Principal of QHHS and I would like to thank the staff and students for their assistance. I would specifically like to thank Mrs Maricic for her eagle eye when it comes to detail, Mrs Critchley for her excellent work relieving in the role of ‘even’ DP role and Mrs Neylan for taking over the History Faculty for the last fortnight.

Rebecca Mahon
PRINCIPAL’S AWARDS

Congratulations on the following students on receiving their Gold Principal’s Award:

Year 9—Kopal Mathur  
Year 10—David Woodward

VACCINATION CATCH-UP

Dear Parents/Carers,

QHHS Vaccination Catch-up Program will be held on Thursday 17 March for any Year 7 students who missed out on the 1st dose HPV and DTPa. Year 8 students who did not complete the course in 2015, are rescheduled for this date also as they were unable to be vaccinated on the 18th of February.

Kind regards,

Welfare Team

TAS FACULTY NEWS

As we reach the middle of term, the subjects of the TAS Key Learning Area are collecting first assignments over the next couple of weeks. Students are making progress on practical tasks as they have completed most of the required safety tests and are deemed competent on most of the required skills. Food Technology Course 1 will be submitting the first task based on safety and assessment this week, with a written task on preservation to come shortly. Year 10 extension course will be receiving their task in the next week, looking at Food Trends in Australia.

Stage 4 students have all received the Semester assignment task, and are being assisted with this Factors of Design research in class. Year 7 will be due 18/3/16, and the Year 8 task on 11/3/16. Students are encouraged to seek out teacher assistance where needed before the due date to ensure a rewarding grade.

Students in Wood have begun making practical items such as a spice rack and a trinket or jewellery box.

Student fees have been invoiced for elective costs and all students should now have letters at home invoicing those costs. Students are reminded to have parents call and make payment plans with their Deputy or Mrs Claus if they are unable to organise these costs in a timely manner.

Students are eagerly looking forward to the Barista excursion to the city to gain qualifications in coffee making later this month. Some students have already enrolled in the school Barista Club which will allow them to practise skills learned making beverages for staff twice a week. Opportunities will arise throughout the year for further use of these new skills at functions at school.
FIT2MOVE DANCE WORKSHOPS

Fit2Move Dance Workshops will be held on Tuesday 5 April. Workshops will be instructed by industry professionals, including performers from So You Think You Can Dance (Lauren Seymour), Strictly Ballroom the Musical and Dancing with the Stars (Jarryd Byrne) and the SKB B-Boy Crew from Australia’s Got Talent (Luke Mercado). The workshops will take place in the Performance Space and will run for 50 minutes each.

Period 1: Boys Hip Hop workshop
Period 2: Latin Dance
Period 3: Contemporary Dance
Period 4: Hip Hop

Period 5 and 6 will allow Quakers Hill High School feeder Primary school Stage 3 students to attend the workshops and participate in Hip Hop, Contemporary and/or Latin styles. Fit2Move workshops aim to give all students the opportunity to experience dance through a variety of styles. Dance and music are integral elements to the mental and physical fitness of students. Dance and music are ingrained in all cultures worldwide and are proven an important medium for students to learn through. Workshops varying in Dance styles and targeting a range of students, will allow students the opportunity to be free, explore and become creative in their learning to express themselves, build confidence and friendships. There will be limited spaces in each workshop. Students should see Miss Barratt for a permission note if interested.

YEAR 10 DANCE ON FILM – TERM 1 UNIT OF WORK

Year 10 Dance students are currently studying the unit ‘Dance On Film’ and have been given the task of creating their very own Dance On Film. The intention is to produce something beyond what you are able to see in a live performance. It might be presented as a documentary, a dance designed specifically for the camera, a live dance work adapted for the camera or a dance animation. The background knowledge and basic understanding of Dance On Film taught during this unit and the process of creating a Dance On Film could influence students’ senior studies in Dance as the content translates directly to the Stage 6 Prescribed texts and Major Composition tasks. Dance on screen can be quite different from live dance on stage. It is created specifically for the camera. Simply filming a dance to capture a record of the performance is not considered dance on screen. When working for the screen, choreographers know every audience member has the same view and are therefore, able to decide what they want the audience member to see.

First, Dance students will find a stimulus to brainstorm and research in order to explore their ideas and create their intent for their dance work. The dance will be choreographed with specific reference made to the filming that will take place and the shots that will be captured.

Second, consideration is given to the placement and movement of the camera, and the balance and composition of each shot in the choreography. Students need to think carefully about how they film their dance in order to convey the message of their concept to their audience.

Lastly, students will edit, cut and add special effects to their film. Dances for film and video can take place anywhere at all. A dancer can move from one scene to another in less than a second. While the actual dance may have taken many hours in filming, the editing allows the final product to contain only what is important to the choreographer.

Ms E Barratt, PDHPE
SRC Valentine's Day Fundraiser!!

The SRC’s first fundraiser for the year was our annual Valentine’s Day fundraiser. We had roses for sale the whole week leading up to Friday the 13th of February. The roses were then delivered to their excited recipients with a message from their “someone special”.

We also had a raffle which had 3 prizes. 1st prize was a big chocolate hamper, 2nd prize was a smaller chocolate hamper and 3rd prize was a Valentines teddy bear. The raffle was drawn at assembly Thursday.

The money we raised from this fundraiser was a total of $632. All of the proceeds from this fundraiser will go towards the charity 1step1life. 1step1life is a charity that works towards building a school and better education for those in Cambodia through teacher and scholarship programs. We will continue to raise money for this worthy charity for the next few months then donate the money to Mr Jake Stalker personally during a school assembly.

Overall our Valentine's Day fundraiser was a great success. Thanks to everyone that bought a rose or a raffle ticket and helped donate money to this great cause.

By Isabella Ahmed
SUPPORT UNIT NEWS

Students enjoyed a wonderful day out to the Australian Museum last week, a most interesting and informative History excursion. In addition, students took part in the History incursion where they listened to stories of Aboriginal traditional beliefs and customs and watched and took part in cultural dance. We extend a big thank you to Mrs Critchley for inviting us to attend these events.

Mrs Schryver, Mrs Cranfield and Ms Beange are very much looking forward to accompanying the many SU students attending camp next week. Please make sure outstanding camp paperwork and payments are finalised this week. There will be a meeting for all camp participants during assembly this Thursday.

IEP meetings will take place later this month. SU staff would appreciate the return of relevant paperwork as soon as possible so we can make sure the meetings run smoothly and are a valuable information sharing experience for all participants and of benefit to each of our students.

All Support Unit students are participating in our online Reading Eggs/Reading Eggspress and Mathletics programs. Students are able to access these programs from home, using their school Logins and passwords. This is a fantastic opportunity for students to revise material covered at school and hone their reading and mathematics skills. Staff will be sending Login details home in the students’ diaries in the next few days. We encourage students to take advantage of these programs, a creative and fun way of learning, enjoyed by all.

Margie Beange, on behalf of the Support Unit staff

HISTORY FACULTY NEWS

COMPETITION NEWS

QHHS would like to offer all our amazing History students the opportunity to compete in the Australian History Competition coming up on the 25th of May. There are prizes on offer to the winning students from each year group and students will be recognized for their achievements. The cost to students is $6.00 and the cut-off date for payment to the office is the 30th March.

ASSESSMENT TASK DUE DATES

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<thead>
<tr>
<th>Year</th>
<th>Task</th>
<th>Due Date</th>
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<tbody>
<tr>
<td>Year 7</td>
<td>Site Study</td>
<td>Week 7</td>
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<td>Year 8</td>
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<td>Empathy Task</td>
<td>Week 7</td>
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<td>Year 10</td>
<td>Source Task</td>
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<tr>
<td>Year 10 Elective</td>
<td>Presentation</td>
<td>Week 9</td>
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HOMEWORK CLUB

Homework Club is now open. It will be held in the Library on Tuesday and Wednesday after
school. This is to provide assistance to students needing help with homework activities and assessment tasks.

Students will need a new permission note for 2016. Notes can be obtained in the Library at Recess or Lunch.

Times: 3:10pm - 4:10pm
Tuesday: Mr Krilic
Wednesday: Ms Fensom

**ENGLISH FACULTY NEWS**

**Year 7:**

Students are creating their poems for their Poetry Anthology due in Week 10. They are enjoying the concept of ‘self-expression’ that poetry is. We have discovered some very talented poets in Year 7. In class students are now creating their powerpoetry.org accounts where they will publish their poems.

**Year 8:**

Students are enthusiastic about our unit of work on the concept of ‘survival’. They are constantly being inspired by the survival stories we are studying. Year 8 have proven themselves to be great critical thinkers with their in-depth responses that highlight the qualities a survivor needs. The notification for the assessment task for this topic will be handed out soon. Teachers will explicitly go through the task and its requirements with students during class.

**Year 9:**

Students are continuing to look at the concept of the human footprint as the impact humans have on the environment. We are looking at various texts that voice strong opinions about the human footprint. Students are critically thinking about how they can reduce their human footprint. Year 9 are being given time in class to complete their assessment task. We are strongly encouraging students to ask their teachers questions if they are unsure about any section of the assessment task.

**Year 10:**

Students are currently completing a close study of a poet on John Foulcher. They have already looked at the context of Foulcher. Year 10 are now looking at themes embedded within Foulcher’s poetry and are now gathering textual references reflecting the themes. This is in preparation for their in-class essay assessment task in Week 10. The notification for the in-class essay will be given out during class time.
STUDY SKILLS FOR MARCH

STARTING THE DAY WELL
Do you find it hard to get out of bed some days and be positive about going to school and learning? It can be hard to turn the day around when you wake up like this and don’t take steps to start your day in a positive way. Your approach in the first hour of the day dictates the direction of your day of learning at school.

To ensure you start your mornings well you need to make sure you have a night-time and wake-up routine.

1. Set Your Intentions Before Bed: consciously decide every night to create a positive expectation for the next morning.
2. Move Your Alarm Clock Across The Room: so you have to get up to turn it off.
3. Brush Your Teeth: when you wake up and splash water on your face.
4. Drink a Full Glass of Water: to hydrate yourself after several hours without water.
5. Add some of the following ideas to your own routines.

The “Miracle Morning” is a book written by Hal Elrod and he speaks about starting your morning with “Life SAVERS”. The idea is that you add some of these to your morning routine or come up with your own activities for a positive start to the morning:

- **Silence** can be meditation, mindfulness, prayer etc.
- **Affirmation** can be a word you use that reminds you of who you are and how to be.
- **Visualisation** is an intention (directing your focus) on how you want your day to be.
- **Exercise** can be a short walk or stretching or going for a run (exercise is a great thing to do in the morning).
- **Reading** something that is positive and enjoyable. What you read “resonates” with you. It gets you thinking and expanding “beyond yourself”.

Scribe is about journaling. Writing in your journal about your day gives you insight and clarity about issues. It also helps you realise what’s working and how far you have come.

These tips are courtesy of [www.humanconnections.com.au](http://www.humanconnections.com.au)

You can learn more about creating positive learning handouts and many other topics to help you achieve your best at school at [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) by logging in with these details:

**Username:** quakershillhs  
**Password:** 45success
SCIENCE MATTERS

Science assessment tasks are due in Week 6 and Week 7. All students are encouraged to complete their assessment tasks to their personal best and submit this in by the due dates.

iEarn, an organisation that undertake projects in different countries have created the Water is Life project. The 2016 project is centred on water as a vital essence of life on this planet. The Science faculty is excited to offer the students the opportunity to participate in this international project to build an action plan or campaign to conserve water.

This project gives students the opportunity to work globally to develop ideas that they can take to the community, and talk to students in other countries such as Taiwan, the Ukraine, Iran, Pakistan, India, USA and Russia.

Science Competitions

Students are also encouraged to participate in the upcoming Science competitions such as Chemistry Quiz and Big Science. Payment is due on the 1st of April. See Mrs Prasad for more details.

Students need to see Ms Earl in the English staffroom for information regarding the ICAS tests.

Some Interesting Science Facts:

1. Scientists finally concluded that the chicken came before the egg, because the protein which makes egg shells is only produced by hens.
2. 41 new species are discovered every day.
3. “Spnopalatine Ganglioneuralgia” is the scientific term for ‘brain freeze’
4. Scientists have developed a way of charging mobile phones with urine.
5. Scientists can turn peanut butter into diamonds.
6. Earthquakes turn water into gold.
MACQUARIE ZONE SECONDARY SCHOOLS SPORTS

ASSOCIATION

GRADE SPORT POINT SCORE RESULT SHEET SEASON 1, 2016

FAX / ATTENTION: Vincent Capano
EMAIL: vincent.capano@det.nsw.edu.au
FROM: QUAKERS HILL HIGH -- melbem.daghel@det.nsw.edu.au
brooke.portelli@det.nsw.edu.au

17/02/16

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<td>Girls Touch Football B</td>
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INFORMATION FOR PARENTS

STUDENTS LEAVING EARLY

If you need to pick up your child early from school:

1. Write them out a note in the morning.
2. Tell your child to take the note to the office before roll call.
3. The office staff will issue your child with an Early Leavers Note which allows them to leave class at the nominated time.
4. Your child will be able to leave class at that time and will be sitting in the foyer waiting for you when you arrive.

STUDENTS WHO ARE LATE TO SCHOOL

If your child is late to school and have missed roll call, they need to go straight to the front office to be marked in late. If they are accompanied by a parent or have a note covering their lateness, they will not receive a lunchtime detention.
If your child is late to school and they do not have a note or a phone call explaining their lateness, they will be put on a lunchtime detention.

MEDICAL

Any students who is on an anaphylaxis or severe asthma plan will need to send in an updated copy of their current Action Plan from their doctor to the office.

EVERY THURSDAY ALL STUDENTS FINISH EARLY AT 2.30pm

THE QHHS UNIFORM SHOP IS OPEN EVERY MONDAY MORNING FROM 8.10—9.30AM

PLEASE CHECK OUR WEBSITE AND FACEBOOK PAGE REGULARLY
National Assessment Program – Literacy and Numeracy 2016

LETTER TO PARENTS

In May 2016 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by students in Years 3, 5, 7 and 9. NAPLAN has the support of all State and Territory Education Ministers and will assess the literacy and numeracy skills of students across Australian schools.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child’s level of achievement. Each student’s level of achievement will be reported against the national minimum standard.

Student background information (student name, gender, date of birth, language background and Aboriginality) will be collected as part of the National Assessment Program. This information is treated confidentially and held securely to ensure that every student’s right to privacy is maintained.

The NAPLAN tests will be conducted from 10-12 May 2016.

<table>
<thead>
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<th>TUESDAY 10 MAY</th>
<th>WEDNESDAY 11 MAY</th>
<th>THURSDAY 12 MAY</th>
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<tr>
<td>Language Conventions (Spelling, Punctuation and Grammar)</td>
<td>Reading</td>
<td>Numeracy</td>
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<tr>
<td>Writing</td>
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In the Numeracy tests students do not require any measuring tools such as rulers or protractors. In Years 7 and 9 there will be two Numeracy tests: one where a calculator is allowed and one where calculators are not to be used. For the calculator test, the student should use the calculator that they currently use at school.

Friday 13 May – A ‘catch-up’ day is scheduled for students who missed a test or were absent on a test day.

Students may be considered for exemption from the tests if they:

- are newly arrived in Australia (less than one year before the test) and with a language background other than English, or
- have significant intellectual disability and/or significant co-existing conditions which severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests. Disability adjustments which reflect the student’s normal level of support in the classroom may be provided. Large print, Braille, coloured paper versions and electronic tests are available to meet the needs of individual students.

Access to disability adjustments or exemption from the tests must be discussed with the school principal and a parent or carer consent form must be signed.

Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents in consultation with the school principal. If you wish to withdraw your child from the tests, a parent or carer consent form must be signed.

Please make an appointment with the principal of the school your child attends if you would like to discuss your child’s participation in NAPLAN.

Information for Parents and Students:

www.studyskillshandbook.com.au

Great news! Our school has subscribed to the ELES Online Study Skills Handbook.

The ELES Online Study Skills Handbook provides a comprehensive and interactive online guide for the school community (students, parents and teachers) as to the study skills needed for success in high school studies. This approach taps into students’ affinity with technology to create a new and effective way to improve students’ study skills.

This is a great online resource for parents and students to address all their study skills issues and concerns and enable students to learn new ways to improve their results at school. The handbook has a huge amount of information for both students and parents as well as a large number of interactive activities.

To access the handbook, go to www.studyskillshandbook.com.au and login as a subscriber with these details:

user name: quakershillhs
password: 45success

The topics currently covered by the handbook are:

<table>
<thead>
<tr>
<th>Working Better At Home Units</th>
<th>Improving Your Skills Units</th>
<th>Extra General Mini-Units</th>
</tr>
</thead>
<tbody>
<tr>
<td>2. Organisation and Filing</td>
<td>2. Writing Skills</td>
<td>2. Becoming a Senior Student</td>
</tr>
<tr>
<td>5. Dealing with Distractions</td>
<td>5. Foreign Language Skills</td>
<td>5. Your Brain and Memory</td>
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<tr>
<td>Working Better At School Units</td>
<td>Improving How You Study Units</td>
<td>Extra Technology Mini-Units</td>
</tr>
<tr>
<td>1. Will we ever use this?</td>
<td>1. Summarising</td>
<td>1. Technology Tools</td>
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<tr>
<td>4. Dealing with Conflict</td>
<td>4. Test-Taking Techniques</td>
<td>4. Apps for iPhone, iPad or Android</td>
</tr>
<tr>
<td>5. Groupwork Skills</td>
<td>5. After Tests &amp; Exams</td>
<td>5. Microsoft OneNote</td>
</tr>
</tbody>
</table>

In addition to the huge amount of content, the systematic program for students to work through includes: online quizzes, summary sheets, worksheets, lots of FAQs answered, articles and links, online polls, facility to submit questions, helpful grids and planners, jokes and quotes, student thoughts, images and photos, students can submit ideas to win, competitions, audio and video files, streaming audio (to allow students the option to read or listen to the content) and new content added regularly, new units added each year, new features added regularly. There is also a tracking system where students save the results of their end of unit quizzes and modules over the years.

Please note:

The above user name and password is for the use of the secondary school parents and students AT OUR SCHOOL ONLY. Please do not pass our school’s details onto students or parents from other schools or other individuals or organisations as this is a prosecutable breach of copyright and will result in frequent password changes for our school. Please also ensure you read through the terms or use the first time you access the handbook.

We encourage all parents and students to take advantage of this opportunity to further develop their students’ study skills abilities.

Enhanced Learning Educational Services
“the study skills specialist”
**What is NAPLAN?**

The National Assessment Program – Literacy and Numeracy (NAPLAN) is an annual national assessment for all students in Years 3, 5, 7 and 9. All students in these year levels are expected to participate in tests in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy. All government and non-government education authorities have contributed to the development of NAPLAN materials.

**Why do students do NAPLAN tests?**

NAPLAN is the measure through which governments, education authorities, schools, teachers and parents can determine whether or not young Australians are meeting important educational outcomes in literacy and numeracy. The tests provide parents and schools with an understanding of how individual students are performing at the time of the tests. They also provide schools, states and territories with information about how education programs are working and what areas need to be prioritised for improvement.

NAPLAN tests are one aspect of a school's assessment and reporting process; they do not replace the extensive ongoing assessments made by teachers about each student's performance.

**What will be tested and how?**

NAPLAN tests the sorts of skills that are essential for every child to progress through school and life, such as reading, writing, spelling, grammar and numeracy. From 2016, NAPLAN content will be aligned with the Australian Curriculum. For more information on this please see the NAP website: www.nap.edu.au. Questions are multiple-choice or require a short written response. The writing task requires students to write a text in response to a prompt.

To give you an idea of what the tests look like, sample questions and a sample writing task are available on the NAP website: www.nap.edu.au

**Who will run the tests?**

NAPLAN tests are conducted at schools and administered by classroom teachers, school deputies or principals. Each state and territory is responsible for marking the tests in accordance with strict guidelines and processes.

**How can I help my child prepare for the tests?**

NAPLAN assesses literacy and numeracy skills that students have already been learning through the school curriculum. Teachers will ensure students are familiar with the test formats and will provide appropriate support and guidance. If you have any questions about your child’s preparation for NAPLAN, you should make a time to speak with their teacher.

The best way you can help your child prepare for NAPLAN is to reassure your child that NAPLAN tests are just one part of their school program, and to urge them to simply do the best they can on the day. The use of services by coaching providers is not recommended.

**What additional support can schools provide for students with special needs?**

All students are encouraged to participate in NAPLAN tests. Students with disability may qualify for adjustments that reflect the support normally provided in the classroom. Students who have a temporary injury may also be reasonably accommodated.

A formal exemption may be granted for a student with significant intellectual disability and/or significant coexisting conditions, or for a student who has recently arrived in Australia and has a non-English speaking background.

Your school principal and your state testing authority can give you more information on special provisions or the process required to gain a formal exemption.
CREATIVE & PERFORMING ARTS FACULTY NEWS

Another busy period in the CAPA Faculty with all the year groups and the elective classes well into preparation stages for substantial artwork in preparation for the CAPA Showcase at the end of the year. The Year 7 introduction to the Elements of Art is really getting into gear with a blending of artmaking, literacy and a numeracy component learning about scale and proportion. Within this introductory unit, art history and renowned artists are introduced in preparation for the examination next term. Each class is taking a different perspective on the Year 7 substantial art work which will make exciting viewing at the end of the year.

Year 8 this semester is looking at Rites, Rituals and Traditions in which they will create artworks that are inspired by Indigenous art. Students are currently creating inspired designs to be transformed into photograms. They will also be producing another substantial art project: a mask. In addition, they are learning about the traditions of the Indigenous peoples in the theory component of the course.

The Year 9-10 100hr Photography classes are in full swing in familiarising students with the photographic darkroom process and will be commencing making photograms very soon followed by learning the use of film cameras, digital cameras and film processing. On top of that students will learn how to enhance and even manipulate their work through the use of Photoshop. As for the 200hr photography, they are capitalising on last year’s success with the introduction of a challenging theme The Still and the Mundane Things. Looking forward to seeing the results of ‘things they take for granted’ being made exciting through the photographic process. Just a big, big reminder to all elective art classes: your essay assignment is due Week 8.

The 9-10 electives are also in full swing with the preparatory work for their fantasy artwork. Students are enthusiastically making collage and drawings in Ms Josselyn’s class, producing some fantastic results already.

Neha Khatri & Caylee Vornfett

On Tuesday the 1st of March the Year 5 & 6 Orientation Day took place in our Visual Arts & Music classrooms, showcasing an array of student talent. Parents and future students enjoyed what we had to offer in art, music and photography.
# Bell Times - 2016

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## Bell Signals System

There are various bell signals which tell students and staff what to do.

**SINGLE RING** indicates the start of the day, end of lessons or breaks and the end of the day.

**TWO RINGS** indicate an assembly in the quadrangle has been called. All students and staff should assemble in the quad as quickly as possible.

**THREE RINGS** indicate that the oval is closed due to extreme heat or rain. Undercover walkways become in-bounds for that break.

**WHOOP SOUND** indicates that an evacuation is necessary. Students and staff must evacuate the buildings and assemble on the oval.

**DOORBELL SOUND** indicates a lockdown is required. All students and staff must remain in the buildings, close and lock all doors and wait for the all clear (which is two rings calling everyone to the quadrangle).
# Available Everyday

## Breakfast
- Hash Brown
- Toasted Cheese Wrap
- Bacon & Egg Roll
- Toasted Sandwich
- Frosted Cereal
- Croissan' $2.95
- Brunch Made In the Darkness
- Fruit Salad
- Yogurt With Berries
- Hot Chocolate

## Fresh Salads
- Caesar Salad
- Greek Salad
- Chicken Caesar
- Cobb Salad
- Crab Salad
- Tomato Cucumber Onion Feta Capes
- Hawaiian Rice Salad *
- Tabbouleh

## Wraps & Subs
- Baja Lettuce, Tomato, Cuc, Caramel, Beet
- Caesar Lettuce, Bacon, Condiments, Cheese
- Sweet Chili Chicken Lettuce, Cheese
- Ham & Salad
- Turkey & Salads
- Roast Turkey & Ham Salad
- Chicken Caesar

## Turkish Bread
- Pita Bread (onion, tomato, cucumber)
- Schmear, Chicken Avocado Sun Tomato Cheese
- Marinated, Roasted Veggie, Cheese
- Tzatziki, Roasted Veggie, Cheese

## Burgers
- Cheeseburger
- Cheese & Smoked Roll
- BBQ Chicken
- Meatloaf
- Deluxe

## Pasta of the Day
- Lasagne Beef
- Macaroni & Cheese
- Fettuccine Carbonara
- Spaghetti Bolognese
- Lasagna Beef
- Chicken Fettuccine Carbonara
- Spaghetti Bolognese
- Chicken Fettuccine Carbonara
- Chicken Fettuccine Carbonara

## Toasted Wraps
- Ham & Tomato
- Turkey & Tomato
- Ham & Cheese
- Grilled Cheese "Gourmet"
- Pesto Chicken & Tomato

## Asian Dishes
- Honey Chicken w/ Stirred Rice
- Spicy Chicken w/ Stirred Rice
- Chicken Pad Thai
- Pad Thai
- Pad Thai

## Hot Snacks
- Potato Wedges
- Chicken Nuggets x 5
- Chicken Nuggets x 6
- Chicken Nuggets x 7

## Daily Deals
- Spicy Wings x 2 & Wedges
- Pizza x 2 & Wedges
- Chicken Fettuccine Carbonara
- Spaghetti Bolognese
- Chicken Fettuccine Carbonara
- Spaghetti Bolognese
- Chicken Fettuccine Carbonara

## Lunch
- Chicken Salad
- Roast Chicken & Rice
- Asian Dishes
- Pies & Pastries
- Seafood

## Hot Snacks
- Chicken Nuggets x 6
- Chicken Nuggets x 7
- Chicken Nuggets x 8
- Chicken Fettuccine Carbonara
- Spaghetti Bolognese
- Chicken Fettuccine Carbonara
- Spaghetti Bolognese
- Chicken Fettuccine Carbonara

## Daily Deals
- Spicy Wings x 2 & Wedges
- Pizza x 2 & Wedges
- Chicken Fettuccine Carbonara
- Spaghetti Bolognese
- Chicken Fettuccine Carbonara
- Spaghetti Bolognese
- Chicken Fettuccine Carbonara

## Everyday Meal Combo
- Includes Your Choice Of Any
- 600ml Water
- 300ml Milk
- 375ml Can

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### QHHS Contact

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PRIMARY PROSPERITAS 2016

On Monday 22nd February, the Introductory Meeting for Primary Prosperitas 2016 was held in the QHHS library. 30 excited primary school students from Barnier PS, Hambledon PS, Quakers Hill East and Quakers Hill PS met their QHHS student and teacher mentors for the first time. The meeting was a great success, with all students, parents and teachers making their introductions and getting to know the school and the aims of the program.

All primary students completed initial planning forms with their QHHS student mentors and started to fill in their ‘process charts’ with the first steps of their project that they wish to complete or be well underway with by the first mentoring session in Week 8. The energy and enthusiasm of all of the primary students was infectious and the QHHS student mentors took to their role easily, putting their young students at ease and guiding them through this initial stage of planning. Several student pairs were even well underway with starting their projects by the end of the afternoon.

The Edmodo site for Primary Prosperitas is already buzzing with activity. Students have been introducing themselves and their projects and several students have been offering constructive advice, encouragement and feedback to each other on the first draft ideas that have been posted. As the teacher monitoring this site, it is lovely to see the enthusiastic and positive support students are offering to each other.

The aims of this project are to assist students to develop essential 21st Century learning skills by providing support and mentoring to primary students completing an extended project in an area of their choice. QHHS student and teacher mentors are matched with the skills and subject areas nominated by primary students. It is an invaluable opportunity for primary students to extend their learning in a specialised area and to be guided through the planning and steps required to complete an extended project. QHHS student mentors learn valuable mentoring skills and are guided throughout the process by teacher mentors. This program is now in its third year and is developing a very positive learning community between QHHS and its four main feeder primary schools.

We are very much looking forward to seeing these project ideas as they develop and take shape over the year. Updates with photos of progress will be published throughout the year in Contact. All completed projects will be posted on our school website at the end of the year.

The primary projects are as follows (over the page):

Ms Tweeddale
Primary Prosperitas Coordinator
Well done Year 7 - What a start to the year!

On Friday Year 7 visited the Australian Museum as part of their Project Centred Learning experience. Year 7 this year will be looking at Aboriginal and Torres Strait Islanders culture and history. We will be looking at the past, the present and the future. The students are to be commended on their behaviour and good manners throughout this excursion. We finished with lunch at Speaker’s Corner.

On Tuesday Year 7 continued their learning with a visit by Fred Reid and his son. Year 7 - you are to be commended on your dancing skills. Well done. Enjoy camp!

NAPLAN is coming.
Please find further information attached.

Mrs Critchley
Head Teacher – Teaching and Learning

**YEAR 7 PCL EXCURSION**

<table>
<thead>
<tr>
<th>Write a play script</th>
<th>Create a series of artworks</th>
<th>Contemporary dance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Create own sports game</td>
<td>Direct and produce own movie</td>
<td>Create own magazine to suit both genders</td>
</tr>
<tr>
<td>Animation drawings</td>
<td>Picture book with poster and canvas representation</td>
<td>Make a short film with horror theme</td>
</tr>
<tr>
<td>Design a magazine for girls aged 8-12 yrs</td>
<td>Choreograph a series of dances</td>
<td>Create a game on an app</td>
</tr>
<tr>
<td>Write a novel</td>
<td>Write a book/novel</td>
<td>Artwork – realistic painting/drawing</td>
</tr>
<tr>
<td>Write a novel targeting ages 7-12</td>
<td>Jazz and singing</td>
<td>Biography/documentary on Florence Nightingale</td>
</tr>
<tr>
<td>Create own computer game on an app</td>
<td>Build a drone</td>
<td>Write a short story about cricket</td>
</tr>
<tr>
<td>Create a sculpture</td>
<td>Dance – hip hop/contemporary</td>
<td>Make a computer game</td>
</tr>
<tr>
<td>Research project on negative effects of drugs and alcohol on the brain</td>
<td>Make a computer game</td>
<td>Create new product (sewing) with advertising campaign on imovie</td>
</tr>
<tr>
<td>Multimodal biographical presentation on an inspirational person</td>
<td>Art</td>
<td>Make a sculpture</td>
</tr>
</tbody>
</table>
Each year NSW Health works in partnership with schools to offer the vaccines recommended by the National Health and Medical Research Council (NHMRC) for adolescents as part of the school vaccination program.

In 2016 the following vaccines will be offered to Year 7 students:
- dTpa vaccine (Diphtheria, Tetanus & Pertussis (whooping cough)) as a single dose
- varicella vaccine (chickenpox) as a single dose, and
- human papillomavirus (HPV) vaccine in a 3-dose schedule at 0, 2 and 6 months (students who commence HPV vaccination in Year 7 but do not complete the course may be offered catch-up doses at school in Year 8)

* The Parent Information Kits contain a consent form, information sheet and privacy statement that details how personal information will be collected, stored and utilised. Parent Information Kits will be sent home to parents/guardians.

To consent to the vaccination of their child, parents/guardians are advised to:
- read all the information provided
- complete the consent form, including signing their name next to the vaccine/s they would like their child to receive
- return the completed consent form to their child’s school
- ensure that their child eats breakfast on the day of the school vaccination clinic.

Parents/guardians who wish to withdraw their consent for any reason may do so by writing to the school Principal or phoning the school. The Procedure for Withdrawal of Consent is available on the NSW Health website at www.health.nsw.gov.au/immunisation.

To improve vaccination completion, students will be opportunistically offered any missed doses throughout the year where possible.

A Record of Vaccination will be provided to each student vaccinated at each clinic. Parents/guardians should ensure that this record is kept for future reference and should not assume that their child has been vaccinated if they do not receive this Record of Vaccination.
Greetings Parents and Carers

I am sure that you would agree that effective communication between the school and home is important. One means of communication is the school newsletter ‘Contact’.

We have been concerned for some time that our Contact newsletter is not as effective in communicating as we would wish. It often does not reach home, lost without trace at the bottom of a school bag and sometimes our teenagers actively prevent the school communicating with you as parents and carers.

On top of this is the notion that a paper newsletter is expensive (over $5000 every year) and given the increasing number of parents who use email and actually prefer it, we really need to get with the times and communicate with parents electronically. Of course, a paper version would still be available for those who require it.

Be assured that we are not aiming to overflow your IN tray with school emails.

We would like to start sending out newsletters by email thus ensuring that they reach the desired destination and saving money which would be better spent on resources for your children.

Please carefully and legibly complete the following and return it to school with your child.

Lauretta Claus
Principal
February 2016

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QUAKERS HILL HIGH SCHOOL - EMAIL ADDRESS REQUEST

CHILD NAME: __________________________ YEAR: ______

PARENT’S EMAIL ADDRESS:

[ ]

PARENT/CARER SIGNATURE: __________________________
Subject Selection Process 2016 - Parent Guide

**Nirimba Collegiate - Year 10 2016 into Year 11 2017**

**Term 2**

- 2-6 May - Subject Selection Booklets Distributed in Year 10 Assembly at QHHS, RHS & SHHS. Subject Selection Booklets available at Wyndham College Reception for non-Collegiate applicants.
- 16th May - RHS/SHHS Taster Lessons – Day 1
- 17th May - RHS/SHHS Taster Lessons – Day 2
- 23rd May - QHHS Taster Lessons – Day 1
- 24th May - QHHS Taster Lessons – Day 2

**Term 3**

- 6th June – Subject Selection Night. Enrolment Packages distributed and online subject selection process explained
- 27th July – Enrolment Packages Due to your Careers Adviser. Online Subject Selection Closes

**Term 4**

- 22nd November – Year 10 Orientation Day for all students
- 22nd November – Parent Orientation Evening

If you have any questions, please contact the Collegiate Deputy Principal on 93087100 or the Careers Adviser at your child’s school.

*BOSTES – Board of Studies, Teaching & Educational Standards*
CHANGE OF PERSONAL DETAILS FOR STUDENTS
(Please Print)

NAME OF STUDENT: __________________________

YEAR: __________________________

ADDRESS: __________________________

ATTLE HOME PHONE: __________________________

WORK PHONE: __________________________

MOBILE NO: __________________________

CARER 1 NAME: __________________________

PHONE/MOBILE: __________________________

CARER 2 NAME: __________________________

PHONE/MOBILE: __________________________

EMERGENCY CONTACTS: __________________________

MEDICAL PROBLEMS (IF ANY) __________________________

Signed: __________________________

Date: __________________________
KILDARE ROAD MEDICAL CENTRE
FEELING THE HEAT?
IT’S TIME FOR A SKIN CANCER CHECK!

Exposure to the sun’s ultraviolet rays can cause sunburn and skin cancer and contribute to visible signs of ageing. There is a higher risk of skin damage, which can lead to skin cancer, during the summer months and that is why it is important to have regular skin checks with an accredited skin cancer doctor.

If necessary, KRMC®’s GPs will use mole-scanning technology to detect any suspect moles and to build up an accurate picture of changes to the skin over time. Our GPs and Nurses are able to perform excisions of moles that appear to be of concern and to send them for laboratory analysis via our on-site Pathology department. If required, follow up treatment and referrals are available.

For more information and to make an appointment at KRMC®’s Skin Cancer Clinic, please call Reception on 8822 3000.

OPEN 7 DAYS 8:00AM TO 8:00PM
Kildare Road Medical Centre / 36 Kildare Road, Blacktown, NSW 2148 / kildaremedical.com.au